

# SCHUYLKILL HAVEN RECREATION DEPARTMENT

## BIDDY BASKETBALL - **DIVISION 1** RULES

It is the responsibility of the coaches to teach and enforce all league rules. In addition, coaches should communicate rules and expectations to parents.

This is an instructional league designed for players of all skill levels. While officials may strive to correct violations in an instructive manner, it is important to teach players about violations and that the penalties will be enforced.

1. Gameplay will follow PIAA rules with the modifications listed on this rule sheet.
2. There will be four (4) **six-minute** quarters. The clock will stop in normal play as in PIAA.
  - a. NO HALFTIME
  - b. NO OVERTIME
3. Time-outs: Two (2) one-minute timeouts **per half**. Coaches and players may call timeout.
4. **PLAYING TIME:** Each 6 minute quarters will be broken down into two (2) three-minute periods to ensure equal playing time.
  - a. Coaches **must** change players at the end of each three-minute period. All players sitting on the bench at the end of the three-minute period must start the next three-minute period.
    - i. **Substitution is prohibited during all periods unless a player fouls out, becomes injured, or requires disciplinary action for reasons approved by a Schuylkill Haven Recreation Department official.**
  - b. All players entering the game must report to the scorers' table at the start of every three minute period.
  - c. EQUAL PLAYING TIME GUIDELINES: All players must play equal or as close to equal minutes as possible. ***Please use equal playing time sheets for help!***
    - i. Only exceptions are injury or discipline. Discipline must be approved by Recreation Department official and mentioned to opposing coach prior to game.
    - ii. Coaches may change lineups to start the second half, but the same EQUAL PLAYING TIME GUIDELINES apply in the second half.
  - d. No player will be permitted to play consecutive three-minute periods.
    - i. This rule may be adapted if the number of players on your team is less than 10.
  - e. Coaches should use common sense in awarding extra time, depending on score and circumstances.
5. **Change of Possession:** Once the team on defense gains control of the ball, it becomes the offensive team. The team that was the offensive team must now become the defensive team and may not attempt to go after the ball in the back court.
6. The offensive team must be permitted to bring the ball across the half court line. The defensive team must stay behind the three-point line at all times during defensive play. A player may not reach across the three-point line to steal the ball.

7. Within five seconds of crossing the half court line, the offensive team must make an attempt to cross the three point line. Holding the ball could result in a five-second closely guarded call which would result in a change of possession. If this occurs late in the period, it could result in a technical foul.
- 8. Fast Breaks are not permitted in Division I play.**
9. Foul Shooting: PIAA rules apply. Coaches will determine the shooter's distance from the basket based on age and skill level.
10. Lane Violations: A five-second violation will be called after sufficient warning by an official. Please teach your players not to stand in the lane.
11. **Defenses:** Teams are permitted to play a 2-1-2, a 2-3, or man defense.
12. Players and coaches must sit down on the bench at all times.
13. REFEREES:
  - a. Each team provides a referee for their own games.
    - i. Please use assistant coaches or parents to help with this.
  - b. Only the head coach may question the referee during the game.
    - i. Please treat all referees with respect and set a good example for the players.
14. No coaches shall at anytime encourage or instruct a player to break any of the rules.