

SCHUYLKILL HAVEN RECREATION DEPARTMENT

BIDDY BASKETBALL - **DIVISION 3** RULES

It is the responsibility of the coaches to teach and enforce all league rules. In addition, coaches should communicate rules and expectations to parents.

This is an instructional league designed for players of all skill levels. While officials may strive to correct violations in an instructive manner, it is important to teach players about violations and that the penalties will be enforced.

1. Gameplay will follow PIAA rules with the modifications listed on this rule sheet.
2. There will be four (4) eight-minute quarters. The clock will be a running clock.
 - a. Exceptions to running clock rule:
 - i. Foul shots
 - ii. Injury
 - iii. Timeout
 - iv. During the **last minute** of the **second and fourth quarters**, the clock will follow PIAA stoppage guidelines.
 - b. There will be a four-minute halftime.
 - c. Overtime will be a four-minute period. Play will continue until a winner is declared.
3. Time-outs: Two (2) one-minute time-outs **per half**. Coaches and players may call timeout.
4. **PLAYING TIME:** The **first three (3) quarters** will be broken down into two (2) four-minute periods to ensure equal playing time.
 - a. Coaches **must** change players at the end of each four-minute period. All players sitting on the bench at the end of the four-minute period must start the next four-minute period.
 - i. **Substitution is prohibited during the first three periods, unless a player fouls out, becomes injured, or requires disciplinary action for reasons approved by a Schuylkill Haven Recreation Department official.**
 - b. All players entering the game must report to the scorers' table at the start of every four-minute period.
 - c. **EQUAL PLAYING TIME GUIDELINES:** All players must play equal or as close to equal minutes as possible **for the first 3 quarters. Please use equal playing time sheets for help!**
 - i. Only exceptions are injury or discipline. Discipline must be approved by Recreation Department official and mentioned to opposing coach prior to game.
 - ii. Coaches may change lineups to start the second half, but the same **EQUAL PLAYING TIME GUIDELINES** apply in the third quarter.
 - d. No player will be permitted to play consecutive four-minute periods in first 3 periods.
 - i. This rule may be adapted if the number of players on your team is less than 10.
 - e. **Fourth-quarter play** is open substitution.
 - i. Coaches should use common sense in awarding extra time, depending on score and circumstances.
5. Three-pointers count in all four periods. As always, practice good sportsmanship with substantial leads.

6. **Pressing is permitted during the fourth period only.**
 - a. Once the lead reaches 15, neither team may press.
7. Foul Shooting: PIAA rules apply.
8. Lane Violations: The three-second violation will be called after sufficient warning by an official.
9. **Fast Break:** No fast breaking is permitted after a team reaches a lead of fifteen points or more.
10. **Defenses:** Teams are permitted to play a 2-1-2, a 2-3, or man defense.
11. Players and coaches must sit down on the bench at all times.
12. Only the head coach may question the referee during the game.
 - a. Please treat all referees with respect and set a good example for the players.
13. No coaches shall at anytime encourage or instruct a player to break any of the rules.
14. **Playoffs:** Teams will be seeded according to their regular-season record. The Recreation Department will develop a bracket-style tournament to determine the division champions. All teams are guaranteed games during each week of the tournament.