



**Eating fresh, local, seasonal...  
healthy & delicious!**

**Healthy Haven Presents:  
Liz Cook, MS, RD, LDN  
Founder of Lunch By Liz  
[lunchbyliz.com](http://lunchbyliz.com)**

**Friday, September 28 @ 1 pm – 2 pm (free)**

**340 Haven Street, Schuylkill Haven**

**Neighborhood Center**

**RSVP to [jelberfeld@schuylkillvision.com](mailto:jelberfeld@schuylkillvision.com)**



**Coming Spring 2019...**

## **Schuylkill Haven Community Garden**

**Schuylkill Haven Community Garden**

**Information meeting: October 3 @ 6:00 pm at Bubeck Park's Pavilion 1  
(beside basketball courts)**



**Raised beds are available for \$5 per growing season to Schuylkill Haven residents & free to residents over 65 years old, first responders and veterans**

**Volunteers are always welcome**

**Hannah Burke community garden manager**

**Located in Bubeck Park**

**Contact Jeanne Elberfeld if interested at (570)622-6097 or at [jelberfeld@schuylkillvision.com](mailto:jelberfeld@schuylkillvision.com)**

